



Hollin Hall Senior Center

April 2006

**1500 Shenandoah Road
Alexandria, VA 22308**

Phone 703- 765-4573

703- 765-4645

TTY 711

FAX 703- 768-1572

www.fairfaxcounty.gov/rec

9 a.m. – 4 p.m.

**Julie Ellis, Director
Elaine Throm, Assistant
Patricia Bruch, Assistant
Ann Fulkerson, Assistant**



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Fairfax County is committed to a policy of nondiscrimination in all county programs, services and activities and will provide reasonable accommodations upon request. To request special accommodations call 703-324-4386, TTY 703-222-9693. Please allow ten working days in advance of the event in order to make the necessary arrangements.

March 20, 2006

Hollin Hall Senior Center

April 2006

Fairfax County, Community and Recreation Services

1500 Shenandoah Road, Alexandria, VA 22308

Julie Ellis, Director Elaine Thom, Assistant Patti Bruch, Assistant Ann Fulkerson, Assistant
And All of Our 120 plus Volunteers!

Monday 3		TUESDAY 4		WEDNESDAY 5		THURSDAY 6		FRIDAY 7	
9 a.m. Billiards	102	8:10 Intermediate Tai Chi *	112	8:10 Advanced Tai Chi *	112	8:10 Beginning Tai Chi *	112	9 a.m. Art Group	109
9 a.m. Ceramics	109	9 a.m. Billiards	102	9 a.m. Billiards	102	9 a.m. Billiards	102	9 a.m. Billiards	102
9 a.m. Exercise w/Carla	112	9:15 Exercise for Men w/Rina	112	9 a.m. Exercise w/Laura&Irene	112	9 a.m. Beginner Bridge Lab	217	9 a.m. Exercise w Laura&Irene	112
9:30 Walking Club		9:30 Strength Training	205	9:30 Shuffleboard****		9:15 Exercise for Men w/Rina	112	10 a.m. Computer Club: "All	215
10 a.m. Sanctioned Bridge	218	10 a.m. Exercise w/Rina	112	9:30 Walking Club		9:30 Strength Training	205	Things Wireless"	
10 a.m. V.I.P. Group	103	10 to 2 Genealogy Library Open	214	9:30 Ikebana:	216	10 a.m. Advisory Council	218	10 a.m. Exercise w/Gloria	112
10 a.m. Jazzercise Lite	112	10 a.m. Touch Toys	213	"Row Style Arrangements"		(All Welcome)		10 to Noon Computer Support	215
10 a.m. AARP Board Meeting	213	10:30 Walking Club		10 a.m. Canasta	213	10 a.m. Exercise w/Rina	112	10 a.m. to 2 p.m. FASTRAN	
10:30 Blood Pressure	109	11 a.m. Co-Ed Strength Training	112	10 a.m. Exercise w/Gloria	112	10 to 2 Genealogy Library Open	214	Trip to Five Oaks Antiques,	
11 a.m. Low Impact Exercise	112	Noon LUNCH	103	10 a.m. V.I.P. Group	103	10 a.m. Model Railroad Club	213	Mt. Vernon Avenue **	
11 a.m. Piano Club	205	12:30 Quilters Club	216	9 - Noon Woodcarving ***	202	11a.m. Jazzercise Lite	112	11 a.m. Exercise w/Carla	112
Noon LUNCH	103	1 p.m. Chicago Bridge	218	10:45 Low Impact Exercise	205	Noon LUNCH	103	Noon LUNCH	103
12:30 Pinochle	213	1 p.m. Mah Jongg	217	11 a.m. Exercise w/Carla	112	12:30 Pinochle	213	1 p.m. AARP General Meeting	112
12:30 Drama Club	205	1 p.m. Table Tennis	205	11:30 JOY Club	217	12:30 Line Dance	112	1 p.m. Mah Jongg	217
1 p.m. VIP Discussion Group	103	1 p.m. Tat, Smock, Crochet &	201	Noon LUNCH	103	12:30 Duplicate Bridge	218	1 p.m. Party Bridge	218
1 p.m. Spanish 2	216	Needlework (Kaps for Kids)		12:30 Beg. Duplicate Bridge	217	1 p.m. Chorus	205	1 p.m. Table Tennis	205
2 p.m. Spanish, Basic	216			1 p.m. Stroke Support	109	1 p.m. Chess Beginning	203	2 p.m. Billiards Plus	102
2 p.m. Billiards Plus	102			1 p.m. Learn to Play Chess	203				
				2 p.m. Parkinson's Support	216				
				2 p.m. Billiards Plus	102				
				2:45 Ballroom & Latin Dance	112				

Monday 10		TUESDAY 11		WEDNESDAY 12		THURSDAY 13		FRIDAY 14	
9 a.m. Billiards	102	8:10 Intermediate Tai Chi **	112	8:10 Advanced Tai Chi *	112	8:10 Beginning Tai Chi **	112	9 a.m. Art Group	109
9 a.m. Ceramics	109	9 a.m. Billiards	102	9 a.m. Billiards	102	9 a.m. Billiards	102	9 a.m. Billiards	102
9 a.m. Exercise w/Carla	112	9:15 Exercise for Men w/Rina	112	9 a.m. Exercise w/Laura Irene	112	9 a.m. Beginner Bridge Lab	217	9 a.m. Exercisew/Laura&Irene	112
9:30 MV Porcelain Artists	216	9:30 Strength Training	205	9:30 Walking club		9:15 Exercise for Men w/Rina	112	10 a.m. Exercise w/Gloria	112
9:30 Walking Club	218	10 a.m. Exercise w/Rina	112	9:30 MV House & Garden:	218	9:30 Strength Training	205	10 a.m. to Noon Computer	215
10 a.m. Sanctioned Bridge	103	10 a.m. to 2 p.m. Genealogy	214	“Wonderful World of Orchids”		10 a.m. American History BASIX	216	Tech Support	
10 a.m. V.I.P. Group	112	Library Open		9:30 Shuffleboard****		10 a.m. Blood Pressure	103	10 a.m. to 2 p.m. FASTRAN	
10 a.m. Jazzercise Lite	217	10:30 Walking Club		10 a.m. Canasta	213	10 a.m. Exercise w/Rina	112	Trip to Landmark Mall for	
10 a.m. Military History: “Why		11 a.m. Co-Ed Strength Training	112	10 a.m. Exercise w/Gloria	112	10 a.m. - 2 p.m. Genealogy	214	Shopping & Lunch **	
People Spy”, Carol Bessette	112	Noon LUNCH	103	10 a.m. Genealogy – VA Rig	214	Library Open		11 a.m. Exercise w/Carla	112
11 a.m. Low Impact Exercise	205	12:30 Quilters Club	112	10 a.m. V.I.P. Group	103	11 a.m. Jazzercise Lite	112	Noon LUNCH	103
11 a.m. Piano Club	103	1 p.m. Chicago Bridge	218	9 a.m. - Noon Woodcarving***	202	Noon LUNCH	103	1 p.m. Mah Jongg	217
Noon LUNCH	213	1 p.m. French for Fun	213	10:45 Low Impact Exercise	205	12:30 Pinochle	213	1 p.m. Party Bridge	218
12:30 Pinochle	205	1 p.m. Mah Jongg	217	11 a.m. Exercise w/Carla	112	12:30 Line Dance	112	1 p.m. Table Tennis	205
12:30 Drama Club	203	1 p.m. Table Tennis	205	Noon LUNCH	103	12:30 Duplicate Bridge	218	2 p.m. Billiards Plus	102
1 p.m. Laughter Clinic	103	1 p.m. Tat, Smock, Crochet &	201	12:30 Beg. Duplicate Bridge	217	1 p.m. Backyard Birding	216		
1 p.m. VIP Discussion Group	216	Needlework (Kaps for Kids)		12:45 BUNCO	112	1 p.m. Chorus	205		
1 p.m. Spanish 2	216			2 p.m. Billiards Plus	102	1:30 Civil War History Group:	217		
2 p.m. Spanish, Basic	102			2:45 Ballroom & Latin Dance	112	“Pickett’s Charge: Pettigrew’s			
2 p.m. Billiards Plus						Perspective” Video			
						by Gettysburg Park Ranger			

Monday 17		18 TUESDAY		WEDNESDAY 19		THURSDAY 20		FRIDAY 21	
9 a.m. Billiards	102	8:10 Intermediate Tai Chi *	112	8:10 Advanced Tai Chi *	112	8:10 Beginning Tai Chi *	112	9 a.m. Art Group	109
9 a.m. Ceramics w/Chuck	109	9 a.m. Billiards	102	9 a.m. Billiards	102	9 a.m. Billiards	102	9 a.m. Billiards	102
9 a.m. Exercise w/Carla	112	9:15 Exercise for Men w/Rina	112	9 a.m. Exercise w/Laura&Irene	112	9 a.m. Beginner Bridge Lab	217	9 a.m. Exercise w/Laura&Irene	112
9:30 Walking Club		9:30 Strength Training	205	9:30 Walking Club		9 a.m. HHSC Garden Club	216	10 a.m. Exercise w/Gloria	112
10 a.m. Sanctioned Bridge	218	10 a.m. Exercise w/Rina	112	9:30 Antique Club	216	9:15 Exercise for Men w/Rina	112	10 a.m. Photo Club	217
10 a.m. V.I.P. Group	103	10 a.m. to 12:30 p.m.	214	9:30 Shuffleboard****		9:30 Strength Training	205	10 a.m. to Noon Computer	215
10 a.m. Jazzercise Lite	112	Genealogy Library Open		10 a.m. Exercise w/Gloria	112	10 a.m. Exercise w/Rina	112	Tech Support	
10:30 Blood Pressure	109	10 a.m. Touch Toys	213	10 a.m. Genealogy Virginia RIG	214	10 a.m. to 2 p.m. Genealogy	214	10 a.m. to 2 p.m. FASTRAN	
11 a.m. Low Impact Exercise	112	10:30 Walking Club		10 a.m. V.I.P. Group	103	Library Open		Trip to Market Common	
11 a.m. Piano Club	205	11 a.m. Co-Ed Strength Training	112	9 a.m. - Noon Woodcarving ***	202	10 a.m. Model Railroad Club	213	At Clarendon **	
Noon LUNCH	103	Noon LUNCH	103	10:30 Low Impact Exercise	205	11 a.m. Jazzercise Lite	112	11a.m. Exercise w/Carla	112
12:30 Nutritionist	103	12:30 Quilters Club	216	10:30 Exercise w/Carla	218	Noon LUNCH	103	Noon LUNCH	103
12:30 Pinochle	217	1 p.m. Genealogy Club Meeting	112	11:30 Pot Luck: Fried Chicken	112	12:30 Pinochle	213	1 p.m. Mah Jongg	217
12:30 Drama Club	205	1 p.m. Chicago Bridge	218	Bring a Dish to Share plus		12:30 Line Dance	112	1 p.m. Party Bridge	218
1 p.m. Alexandria Memories	217	1 p.m. French for Fun	213	Lunch \$ Donation		12:30 Duplicate Bridge	218	1 p.m. Table Tennis	205
1 p.m. VIP Discussion Group	103	1 p.m. Mah Jongg	217	12:30 Beg. Duplicate Bridge	217	1 a.m. Chorus	205	2 p.m. Stamp Club	216
1 p.m. Spanish 2	216	1 p.m. Table Tennis	205	1 p.m. Learn to Play Chess	203			2 p.m. Billiards Plus	102
1 p.m. Welcome Wagon w/Kay	203	1 p.m. Tat, Smock, Crochet &	201	1 p.m. Stroke Club	109				
2 p.m. Spanish, Basic	216	Needlework (Kaps for Kids)		1:15 Canasta	213				
2 p.m. Billiards Plus	102			1:15 BINGO	216				
				1:15 Movie Classic (RR)	218				
				2 p.m. Billiards Plus	102				
				2:45 Ballroom & Latin Dance	112				

Monday 24		TUESDAY 25		WEDNESDAY 26		THURSDAY 27		FRIDAY 28	
9 a.m. Billiards	102	8:10 Intermediate Tai Chi *	112	8:10 Advanced Tai Chi *	112	8:10 Beginning Tai Chi *	112	9 a.m. Art Group	109
9 a.m. Ceramics	109	9 a.m. Billiards	102	9 a.m. Billiards	102	9 a.m. Billiards	102	9 a.m. Billiards	102
9 a.m. Exercise w/Carla	112	9:15 Exercise for Men w/Rina	112	9 a.m. Exercise w/Laura&Irene	112	9 a.m. Beginner Bridge Lab	217	9 a.m. Exercise w/Laura&Irene	112
9:30 Walking Club		9:30 Strength Training	205	9:30 MV House & Garden		9:15 Exercise for Men w/Rina	112	10 a.m. Poetry Appreciation	201
10 a.m. Sanctioned Bridge	218	10 a.m. Exercise w/Rina	112	(off site)		9:30 Strength Training	205	10 a.m. Exercise w/Gloria	112
10 a.m. V.I.P. Group	103	10 a.m. to 2 p.m. Genealogy	214	9:30 Shuffleboard ****		10 a.m. American History BASIX	216	10 a.m. to Noon Computer	215
10 a.m. Jazzercise Lite	112	Library Open		9:30 Walking Club		10 a.m. Exercise w/Rina	112	Tech Support	
10 a.m. Military History: "Battle of Fort Washington (NY)" w/ James Taylor	217	10:30 Walking Club		10 a.m. Canasta	213	10 a.m. Blood Pressure	103	10 a.m. to 2 p.m. FASTRAN	
11 a.m. Low Impact Exercise	112	11a.m. Co-Ed Strength Training	112	10 a.m. Exercise w/Gloria	112	10 a.m. to 2 p.m. Genealogy	214	Trip to Gunston Hall	
11 a.m. Piano Club	205	Noon LUNCH	103	10 a.m. V.I.P. Group	103	Library Open		Plantation & Picnic lunch **	
Noon LUNCH	103	12:30 Quilters Club	112	9 a.m.- Noon Woodcarving ***	202	10 a.m. MV Genealogical	214	11 a.m. Exercise w/Carla	112
12:30 Pinochle	213	1 p.m. Chicago Bridge	218	10:45 Low Impact Exercise	205	Society Meeting		Noon LUNCH	103
12:30 Drama Club	205	1 p.m. French for Fun	213	11 a.m. Exercise w/Carla	112	11 a.m. Opera Appreciation	201	1 p.m. Mah Jongg	217
1 p.m. VIP Discussion Group	103	1 p.m. Mah Jongg	217	Noon LUNCH	103	11 a.m. Jazzercise Lite	112	1 p.m. Party Bridge	218
1 p.m. Spanish 2	216	1 p.m. Table Tennis	205	12:30 Beg. Duplicate Bridge	217	Noon LUNCH	103	1 p.m. Table Tennis	205
2 p.m. Spanish, Basic	216	1 p.m. Tat, Smock, Crochet & Needlework (Kaps for Kids)	201	12:45 BUNCO	112	12:30 Pinochle	213	2 p.m. Billiards Plus	102
2 p.m. Billiards Plus	102			1p.m. Book Discussion Group: "The Maltese Falcon"	216	12:30 Line Dance	112		
				2 p.m. Billiards Plus	102	12:30 Duplicate Bridge	218		
				2:45 Ballroom & Latin Dance	112	1 p.m. Chorus	205		

<div>KEY</div> <div>* Tai Chi – This is a yearly course, sign up in March.</div> <div>** FASTRAN Trips – (RR) Pre sign-up in the Office</div> <div>*** Woodworking Shop unavailable 9:00 - Noon during Woodcarving Class</div> <div>**** Shuffleboard, Weather Permitting</div>		<div>Every Tuesday</div> <div>10:00 a.m.</div> <div>Italian Class</div> <div>@ Paul Spring</div>
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